



THE FOUNTAINS
AT FRANKLIN

INDEPENDENT LIVING
ASSISTED LIVING • MEMORY CARE

UNRETIREMENT LIVING

Over thirty years of experience have taught us that today's seniors want more choices and are leading a more active lifestyle than generations before. That's why we created a community filled with options, from affordable studio apartments to spacious two-bedroom apartments, great cuisine and an active lifestyle of growth and discovery. It's all part of our culture of choice.

IT'S NOT WHAT YOU'D EXPECT, AND THAT'S THE WHOLE POINT.

A rental community with no large buy-in

Franklin Cinema

Well-appointed dining room

Elegant private dining room

Well-stocked library with computer center

Lounge for cards, entertaining and more

Creative arts studio

Covered carports

Outdoor gardening area and gazebo

Wellness center

Sid's Place Café

Furnished guest apartments



AN OPTION FOR EVERY APPETITE



Dining at The Fountains at Franklin isn't what you'd expect from a retirement community. In fact, we think you'll be amazed. Do you expect your meals to be prepared by a skilled chef? Graciously served by friendly staff with impeccable attention to detail? This isn't a dining room in a retirement community, this is an evening spent at one of your favorite restaurants! Not in the mood for a sit down meal? Grab a quick bite and a coffee to go. At The Fountains, the choice is yours. Plus, with Thrive Dining™, individuals with cognitive or neuromuscular challenges can enjoy their favorite foods without assistance, utensils or distractions. Stop by for lunch, dinner or a cup of coffee for a little taste of how we thrive.



Elegant dining room

Private dining room for entertaining

Bountiful Sunday brunch

Continental breakfast Monday through Saturday

Catering services

Heart healthy selections

Room service

WATERMARK UNIVERSITY

Stimulating the mind and strengthening the body has enormous benefits at any age. That's why, as part of Watermark Retirement Communities®, we created Watermark University. You'll love having unlimited access to all of our mind and body fitness classes just steps from your door. Choose from Yoga, creative cooking classes, a wide array of art courses and everything in between. You might want to try a little of each or even become a faculty member and teach your passion! These classes and programs aren't just for residents. Call for a schedule and enroll today.



- Brain Fitness
- Spanish for Fun
- Music Appreciation
- Jewelry Making
- Talk about Tea
- Beer Aficionados
- Wellness with Chef Minh
- Chair Yoga
- Tai Chi
- Pilates
- Intro to Email
- Facebook and Twitter

INDEPENDENT LIVING AT THE TOWN CENTER



At The Fountains at Franklin, we've created a culture built on choice. The first (and maybe the most fun) is selecting the apartment that's perfect for you. Our expert associates are ready to help you select the perfect residence, and they can offer decorating tips to make sure you have a ball expressing your style.

If you'd like a helping hand every now and then, our on-site personal home care and physical therapy associates will create a customized program tailored to your individual needs. We'll help you regain, maintain and enhance your independence.

Modern kitchenette with frost-free refrigerator, electric oven and range

Decorator window treatments

Balconies or patios on some apartments

All utilities, excluding local telephone and basic cable TV

Bath with safety grab bars

Resident call system

Bi-weekly housekeeping

Guest accommodations

Scheduled local transportation

24-hour maintenance services



ASSISTED LIVING AT THE INN

When it comes to Assisted Living, we're not what you'd expect. No cookie cutter apartments, boring stereotypical activities and health care delivered on a schedule so rigid that it becomes the center of your day. You'll have exciting floor plans to choose from, a varied calendar of community doings and top notch care tailored to your needs, on your schedule – not ours. And why wait to get a taste of The Fountains lifestyle? Try us out for a short-term stay. Enjoy a fully furnished guest apartment, fantastic food made just how you like it, expert care when (and how) you need it and fun with friendly neighbors.



- Bright, cheerful apartments
- Resident call system
- 24-hour staffing
- Three meals created daily by our expert chefs
- Housekeeping services
- Transportation services
- Diverse wellness programs including Watermark University classes

A NEW KIND OF MEMORY CARE

At The Fountains at Franklin, we're borrowing from the traditions of the multigenerational households and local bed & breakfasts to create a place where everyone feels right at home. Suites are comfortable, filled with bright colors and soft natural light. Common areas such as living rooms, patios, libraries and kitchens are only a few steps away. Meals are cooked right in the kitchen, and anyone can roll up their sleeves to help prepare the meal. Just like home, this household revolves around the kitchen table, where food and conversation connect residents, associates, friends and family.

24-hour staffing with specially trained memory care experts with certification through the National Council of Certified Dementia Practitioners (NCCDP)

Three nutritious family style meals where families and friends are welcome

Personal pantry program for each resident's favorite foods

Healthy snacks available all day, every day

Structured and spontaneous activities specifically tailored to each individual

Extraordinary outings that you would never expect in a memory care community

Family communications center

Residential environment with family photographs, keepsakes and personal histories

Private and semiprivate suites

Housekeeping, linen and laundry services

Maintenance services



MEET THE NAYAS



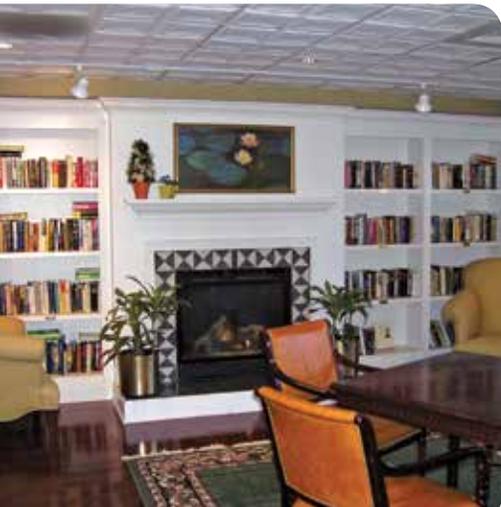
The word *Naya* comes from the ancient language of Classical Sanskrit and is based on being engaged in the present moment. A Naya is a guide, person of wisdom, conductor and leader. These terms truly define our caregivers. In perfect alignment with our universal care model, being mindfully engaged in each moment cultivates a sense of well-being, community, spontaneity and creativity.

In traditional senior-living models, care is divided between several associates who interact with a resident only within their particular area of limited duties. This not only results in reduced continuity, it prevents associates from seeing the big picture of each resident's well-being. Because our Nayas spend the day with residents, they notice the early signs of concern that might otherwise go unseen. Nayas know if residents have a good appetite, how well they slept and when they last exercised or participated in a new program. They can observe how individuals react to a change in type or dosage of medicine or a new therapy. Understanding the big picture results in a healthier, happier, more connected lifestyle.



The background is a solid dark blue color. Overlaid on this are several light blue, semi-transparent decorative elements. These include a large, wide, sweeping arc that starts from the left edge and curves towards the right. Below this, there are more intricate, swirling lines that form a stylized, organic shape, possibly resembling a leaf or a calligraphic flourish. The overall aesthetic is clean, modern, and professional.

Creating extraordinary communities where people **thrive**.



THE FOUNTAINS
AT FRANKLIN

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A WATERMARK RETIREMENT COMMUNITY